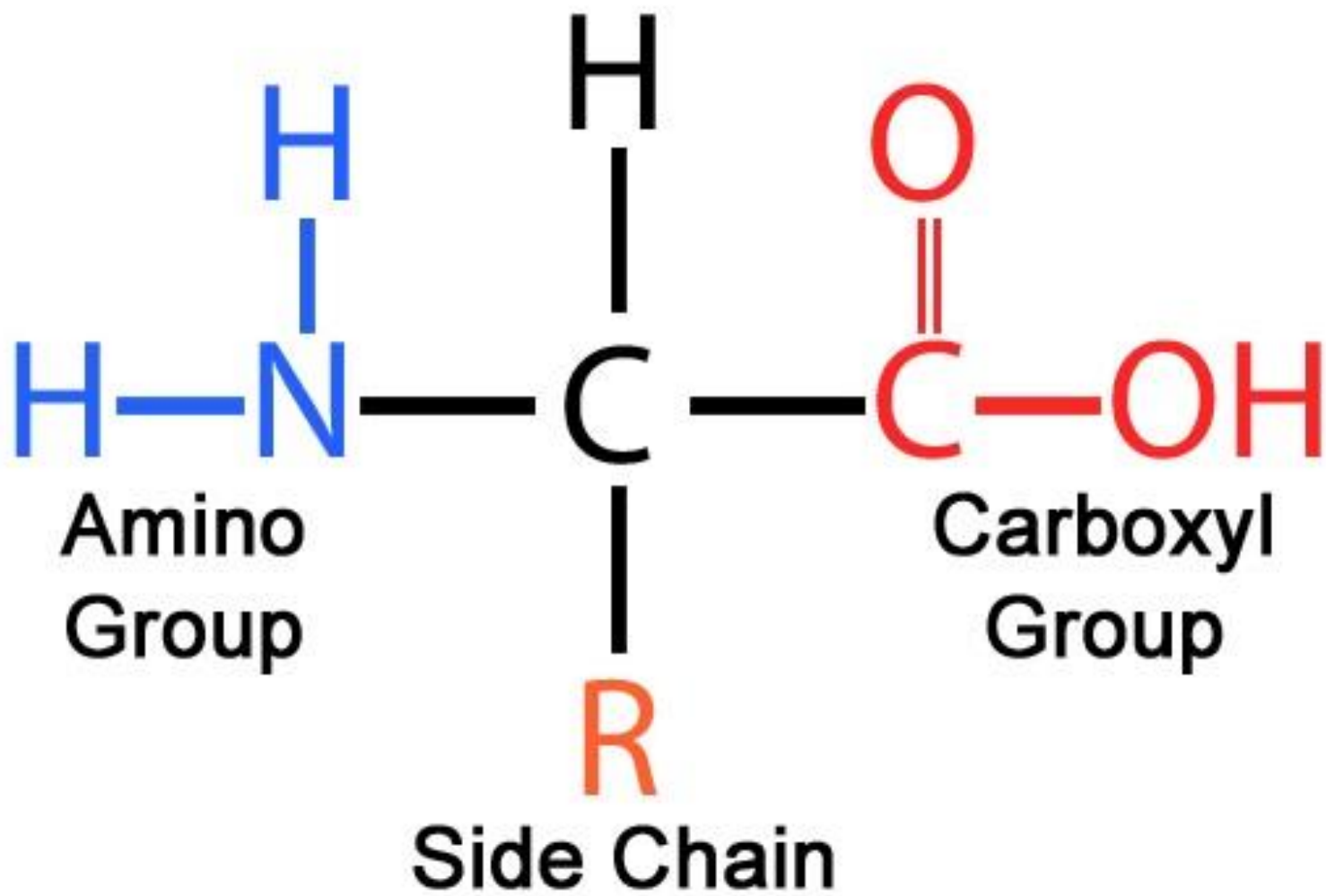
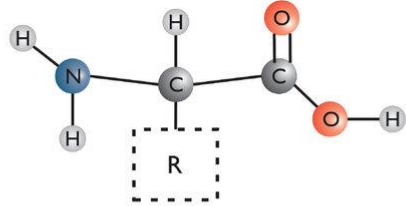


پروتئین





Nonpolar			Polar		
<p>Glycine (G)</p>	<p>Alanine (A)</p>	<p>Proline (P)</p>	<p>Serine (S)</p>	<p>Threonine (T)</p>	
<p>Valine (V)</p>	<p>Leucine (L)</p>	<p>Isoleucine (I)</p>	<p>Glutamine (Q)</p>	<p>Asparagine (N)</p>	
Sulfur containing			Aromatic		
<p>Cysteine (C)</p>	<p>Methionine (M)</p>	<p>Phenylalanine (F)</p>	<p>Tyrosine (Y)</p>	<p>Tryptophan (W)</p>	
Positively charged*			Negatively charged*		
<p>Histidine (H)</p>	<p>Lysine (L)</p>	<p>Arginine (R)</p>	<p>Aspartic acid (D)</p>	<p>Glutamic acid (E)</p>	

Essential

Histidine

Isoleucine

Leucine

Lysine

Methionine

Phenylalanine

Threonine

Tryptophan

Valine

Conditionally Non-Essential

Arginine

Cystine

Glutamine

Glycine

Proline

Tyrosine

Non-Essential

Alanine

Asparagine

Aspartate

Glutamate

Serine

انواع اسید های آمینه

TABLE 4.1 The 21 Proteinogenic Amino Acids

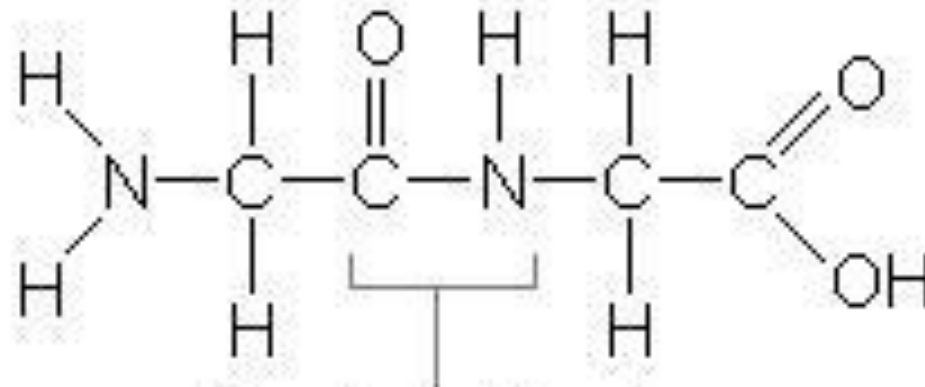
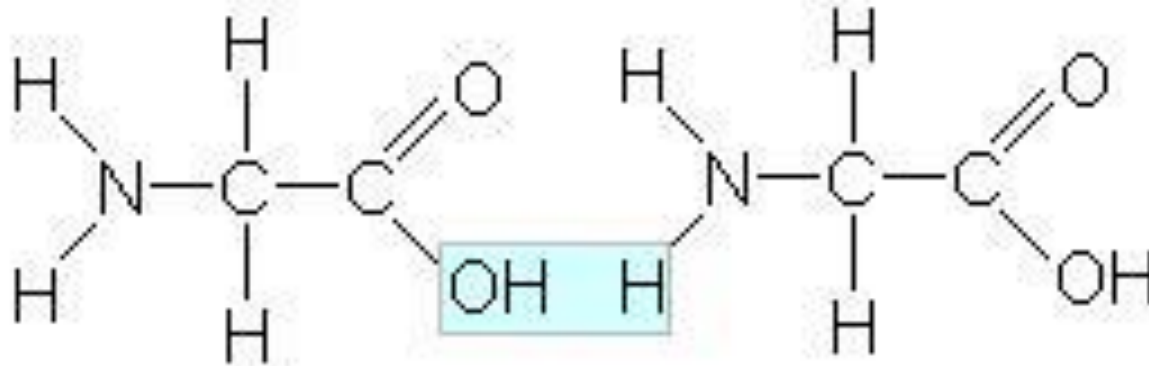
Essential (9)	Conditionally essential (7)	Nonessential (5)
Histidine (H)	Arginine (R)	Alanine (A)
Isoleucine (I)	Cysteine (C)	Aspartic acid (D)
Leucine (L)	Glutamine (Q)	Asparagine (N)
Lysine (K)	Glycine (G)	Glutamic acid (E)
Methionine (M)	Proline (P)	Selenocysteine (U)
Phenylalanine (F)	Serine (S)	
Threonine (T)	Tyrosine (Y)	
Tryptophan (W)		
Valine (V)		

TABLE 4.2 Examples of Common Nonproteinogenic Amino Acid Supplement Ingredients

Beta-alanine
Carnosine*
Citrulline
D-aspartic acid

اسیدهای آمینه ضروری، غیر ضروری، نیمه ضروری و اسید های آمینه غیر پروتئینی

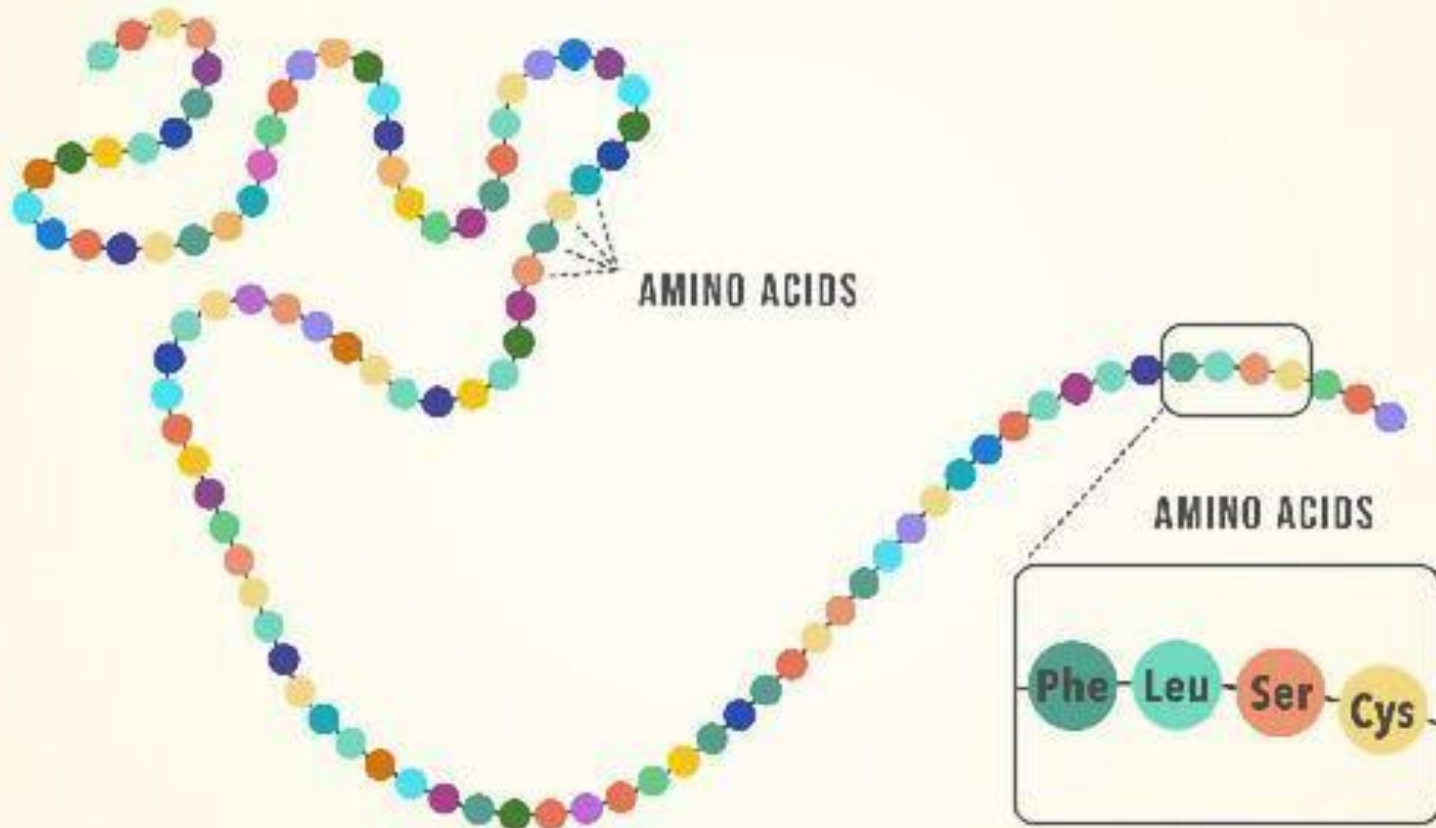
پیوند پپتیدی



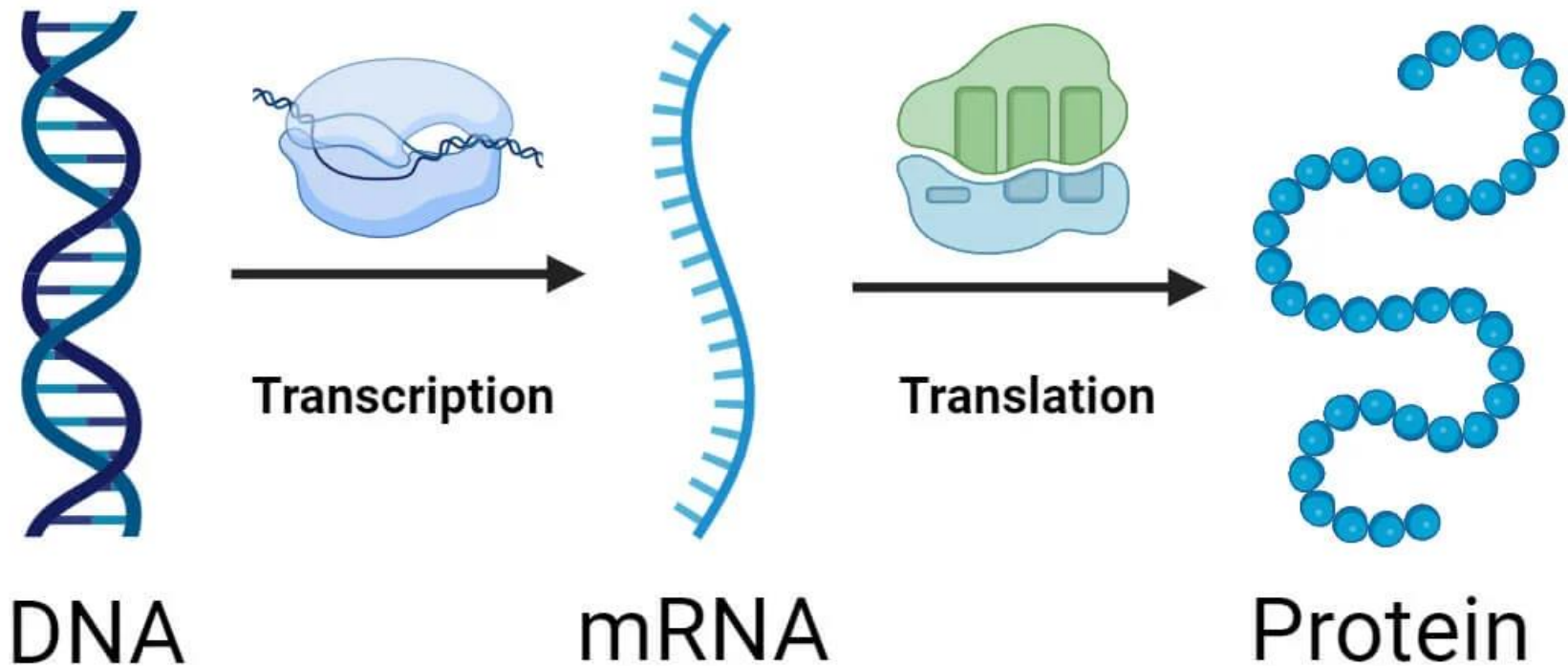
Peptide Bond

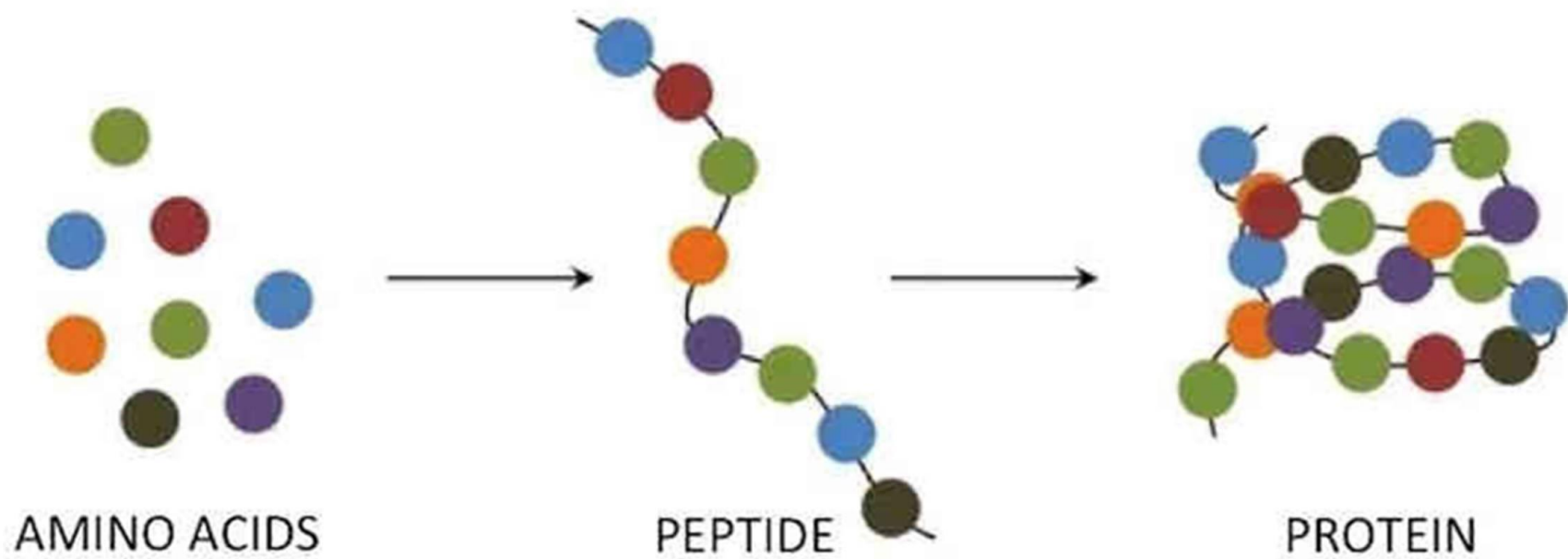
A molecule of water is removed from two glycine amino acids to form a peptide bond.

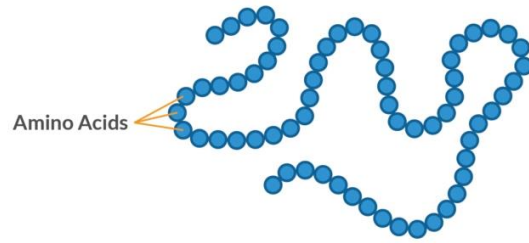
POLYPEPTIDE CHAIN



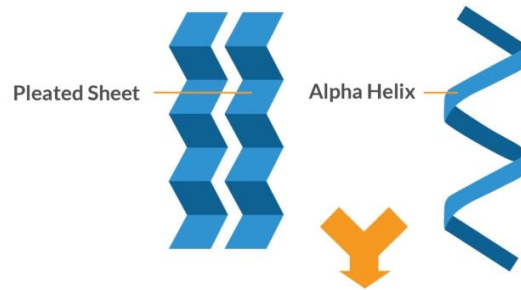
Gene Expression







Primary Protein Structure



Secondary Protein Structure

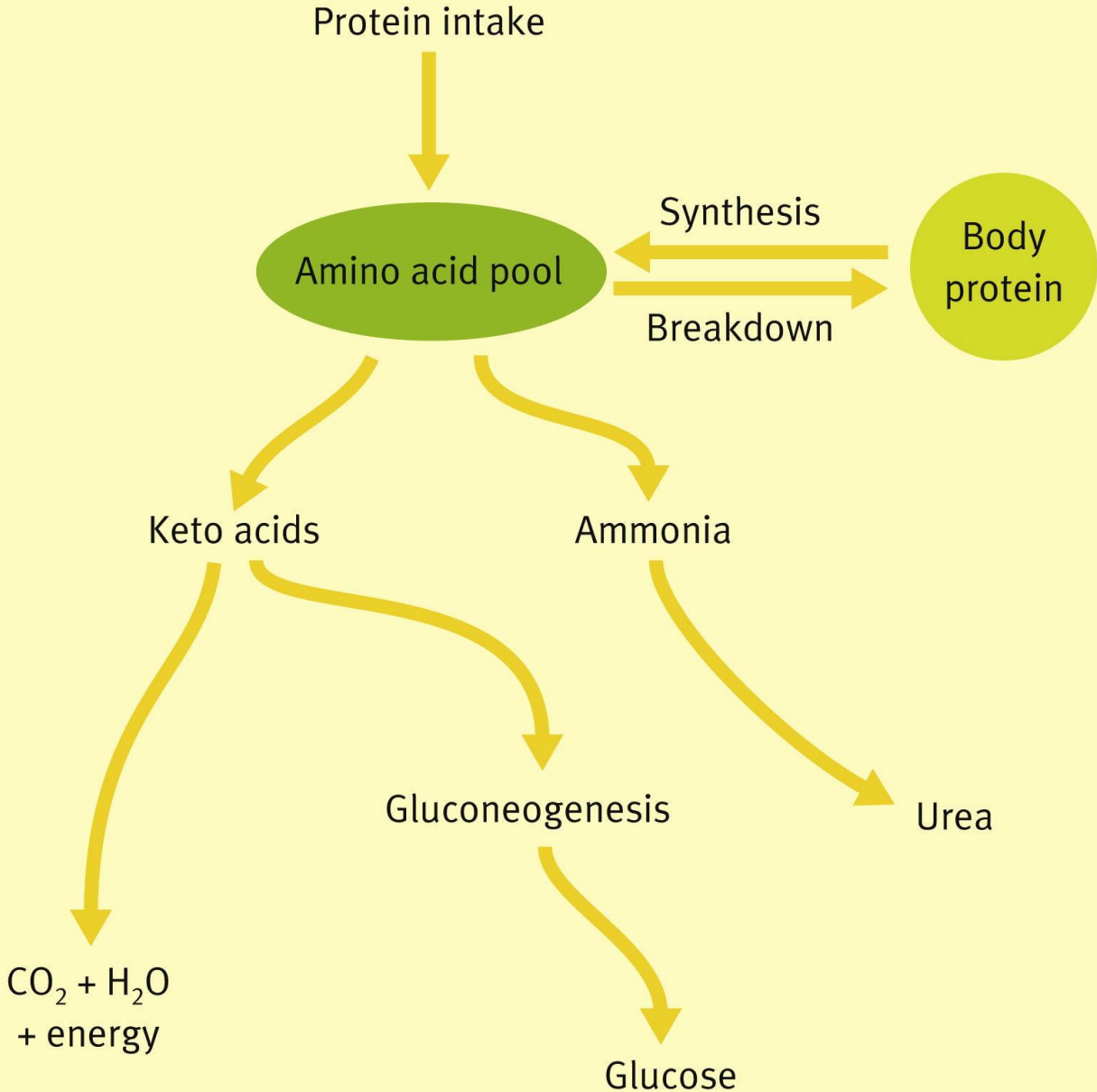


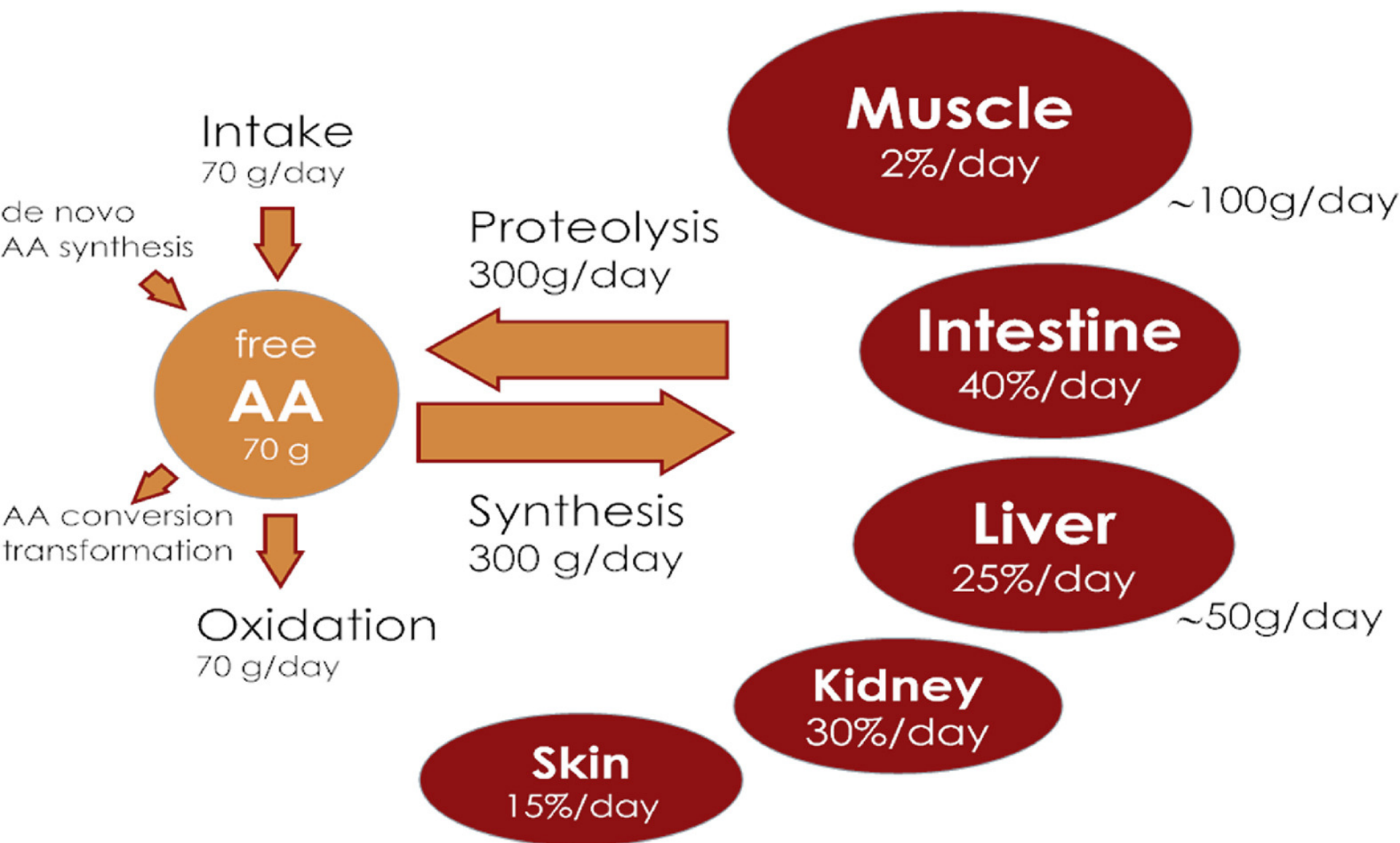
Tertiary Protein Structure



Quaternary Protein Structure

Protein metabolism

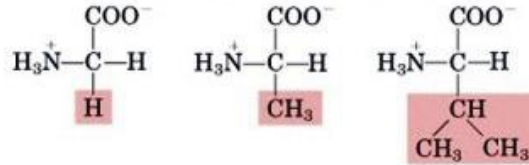




سوخت پروتئین

Twenty standard Amino Acids

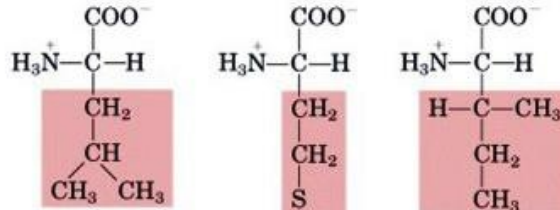
Nonpolar, aliphatic R groups



Glycine

Alanine

Valine

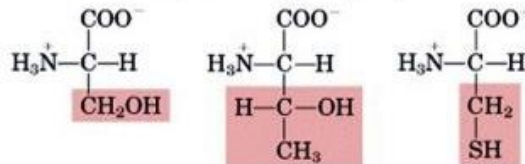


Leucine

Methionine

Isoleucine

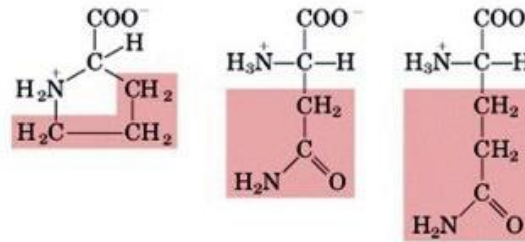
Polar, uncharged R groups



Serine

Threonine

Cysteine

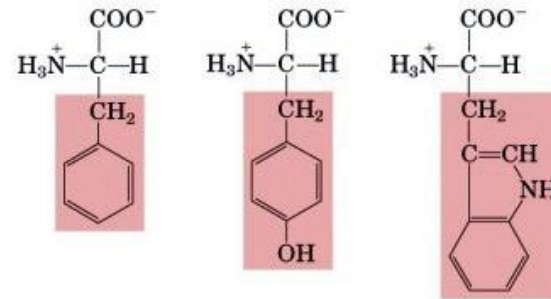


Proline

Asparagine

Glutamine

Aromatic R groups

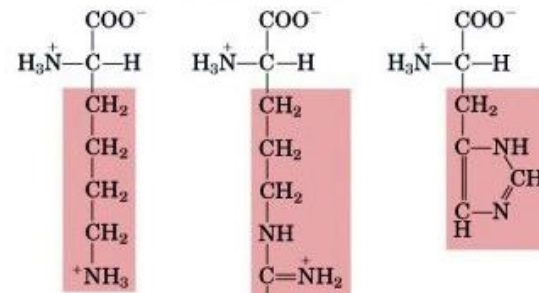


Phenylalanine

Tyrosine

Tryptophan

Positively charged R groups

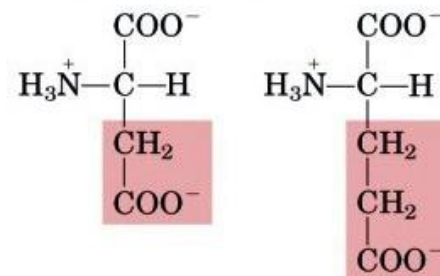


Lysine

Arginine

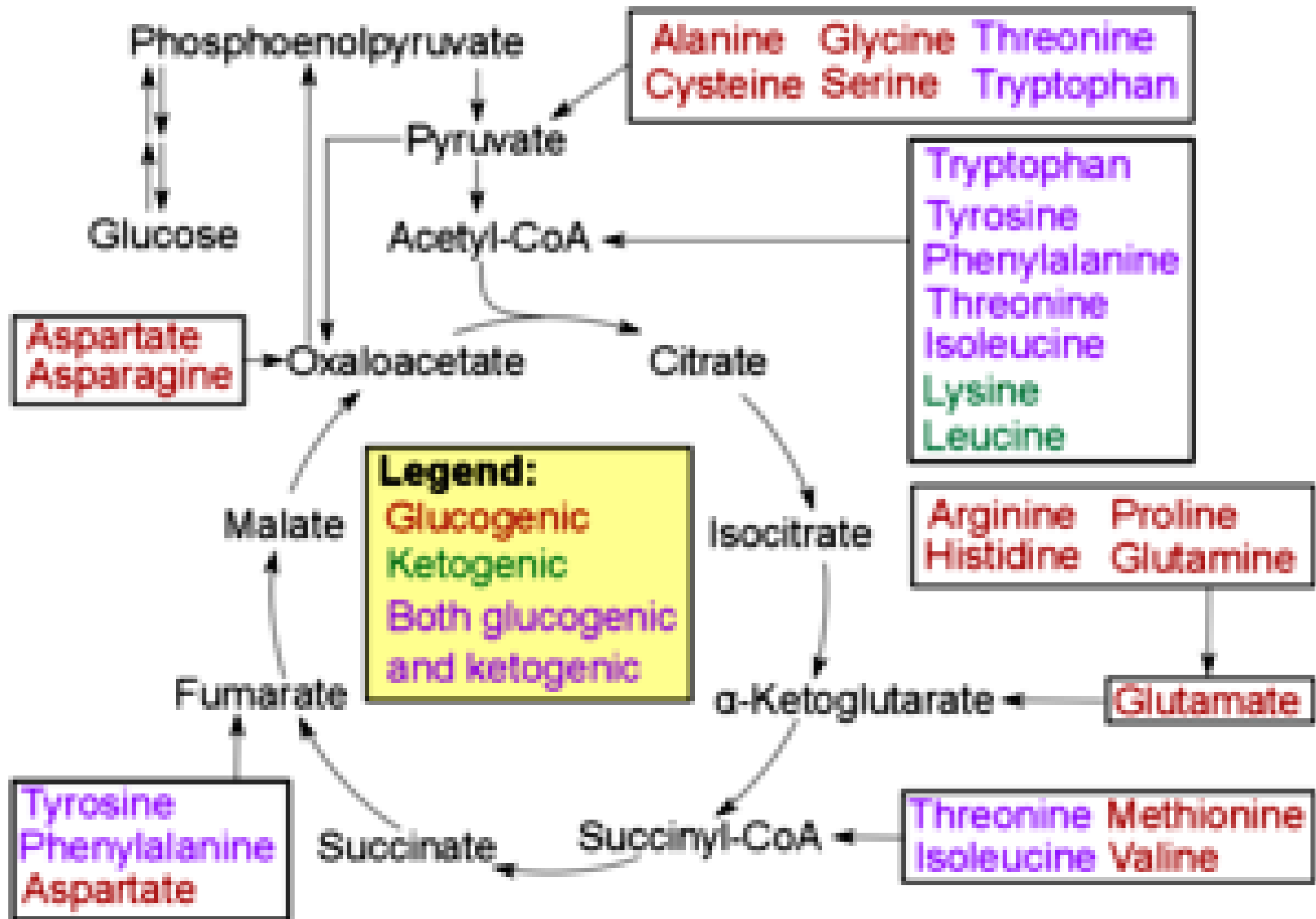
Histidine

Negatively charged R groups

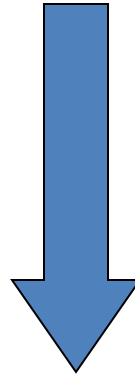


Aspartate

Glutamate



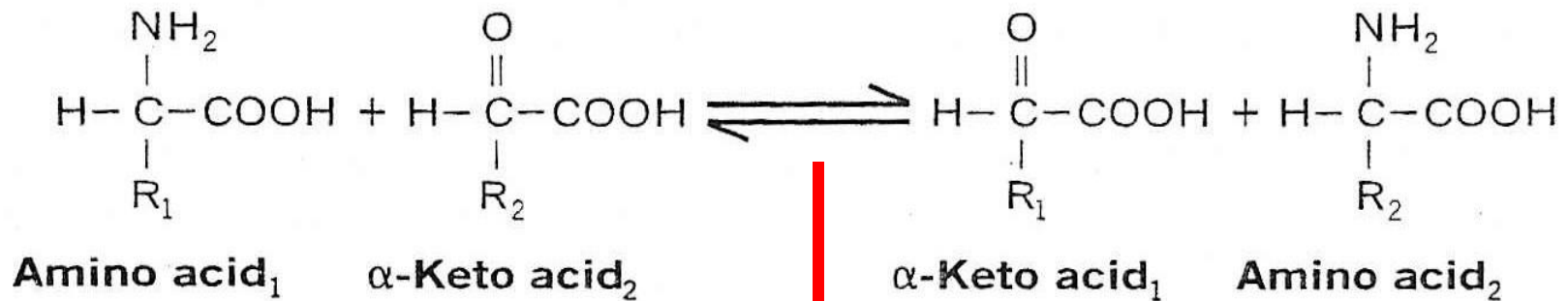
کاتابولیسم اسید های آمینه



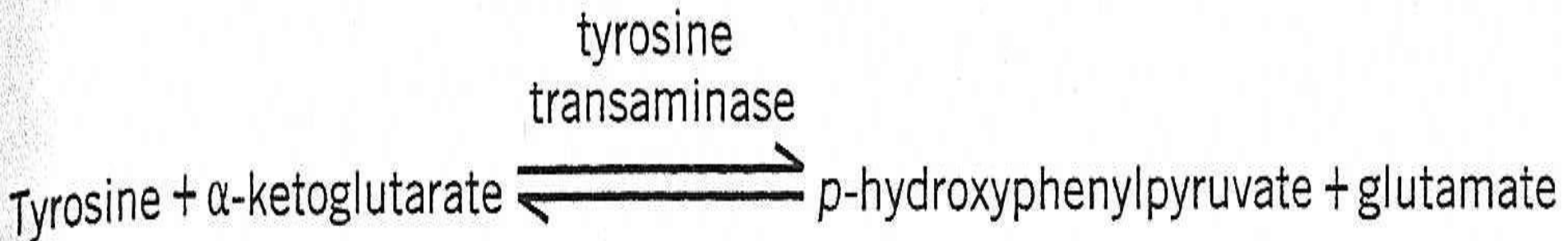
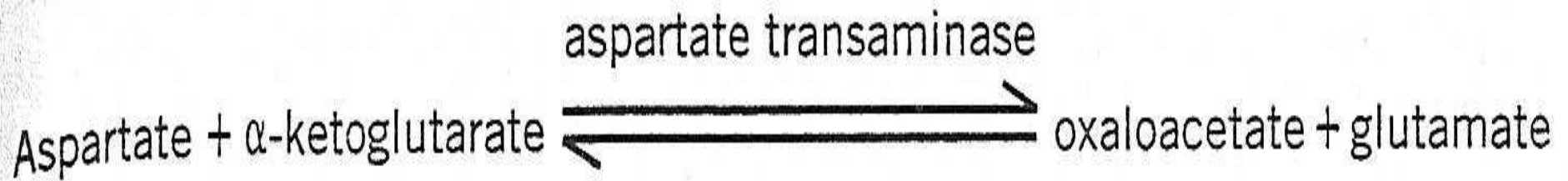
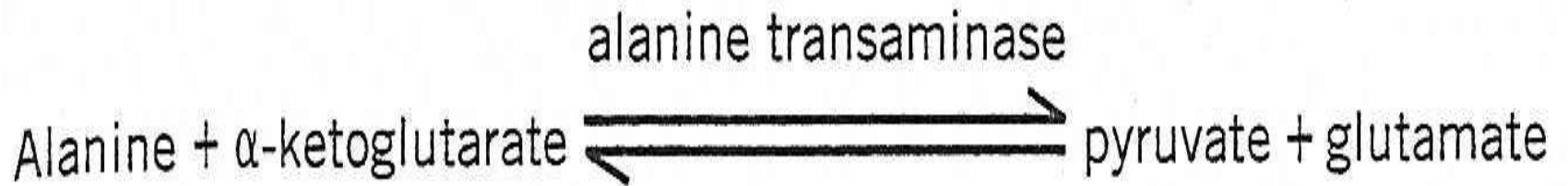
- 1) Transamination
- 2) Deamination
- 3) Disposal of Ammonia

Transamination

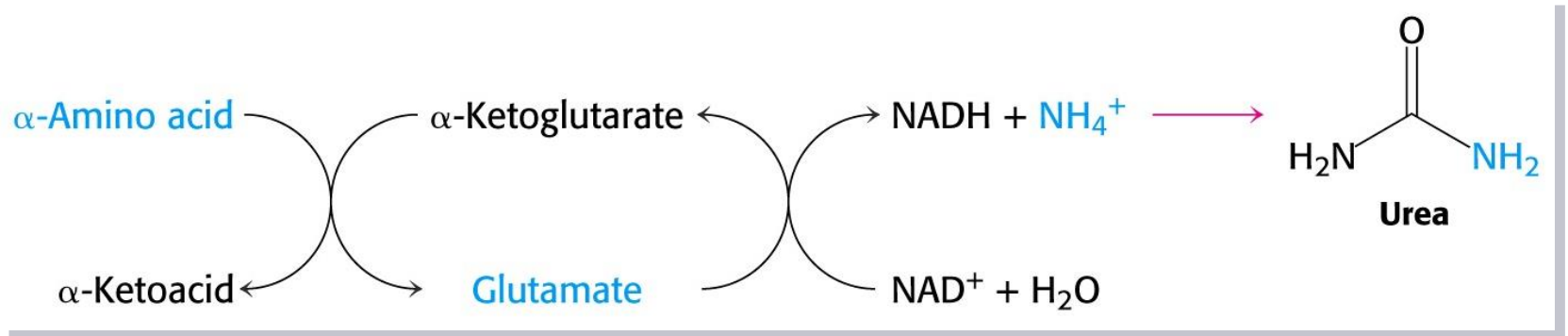
انتقال گروه آمین اسیدهای آمینه به آلفا کتو اسیدها



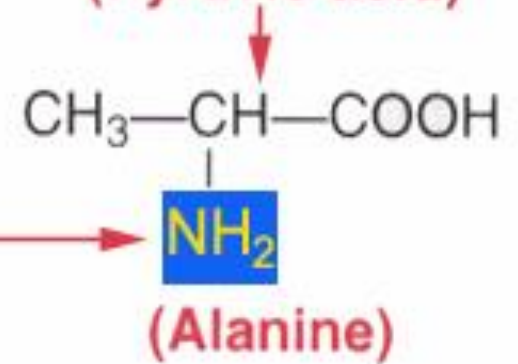
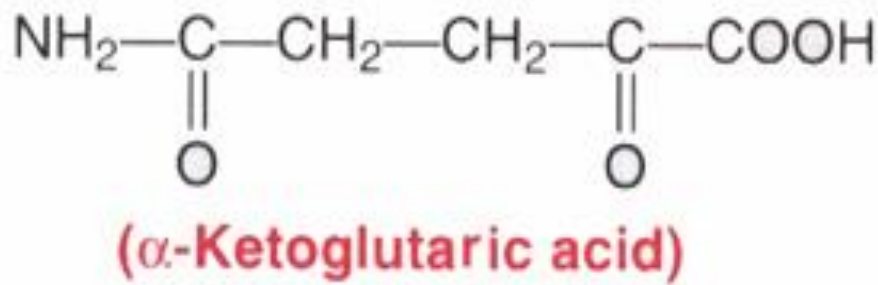
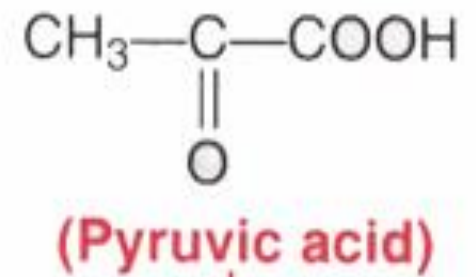
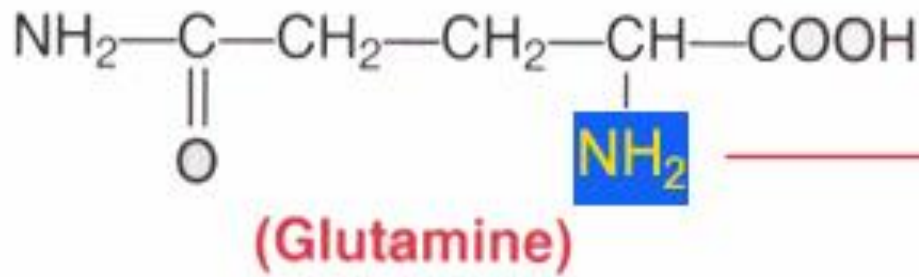
ترانس آمیناز



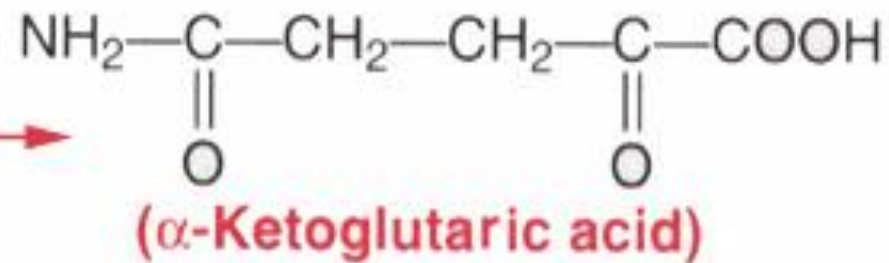
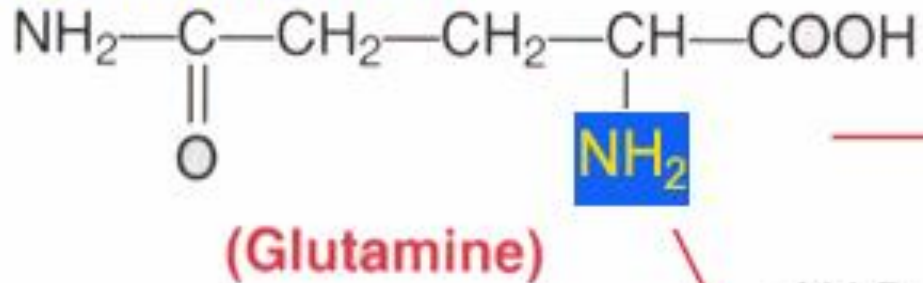
Deamination (oxidative)



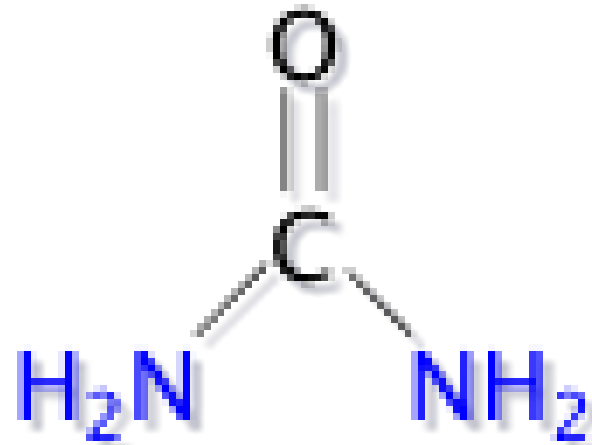
Transamination



Deamination

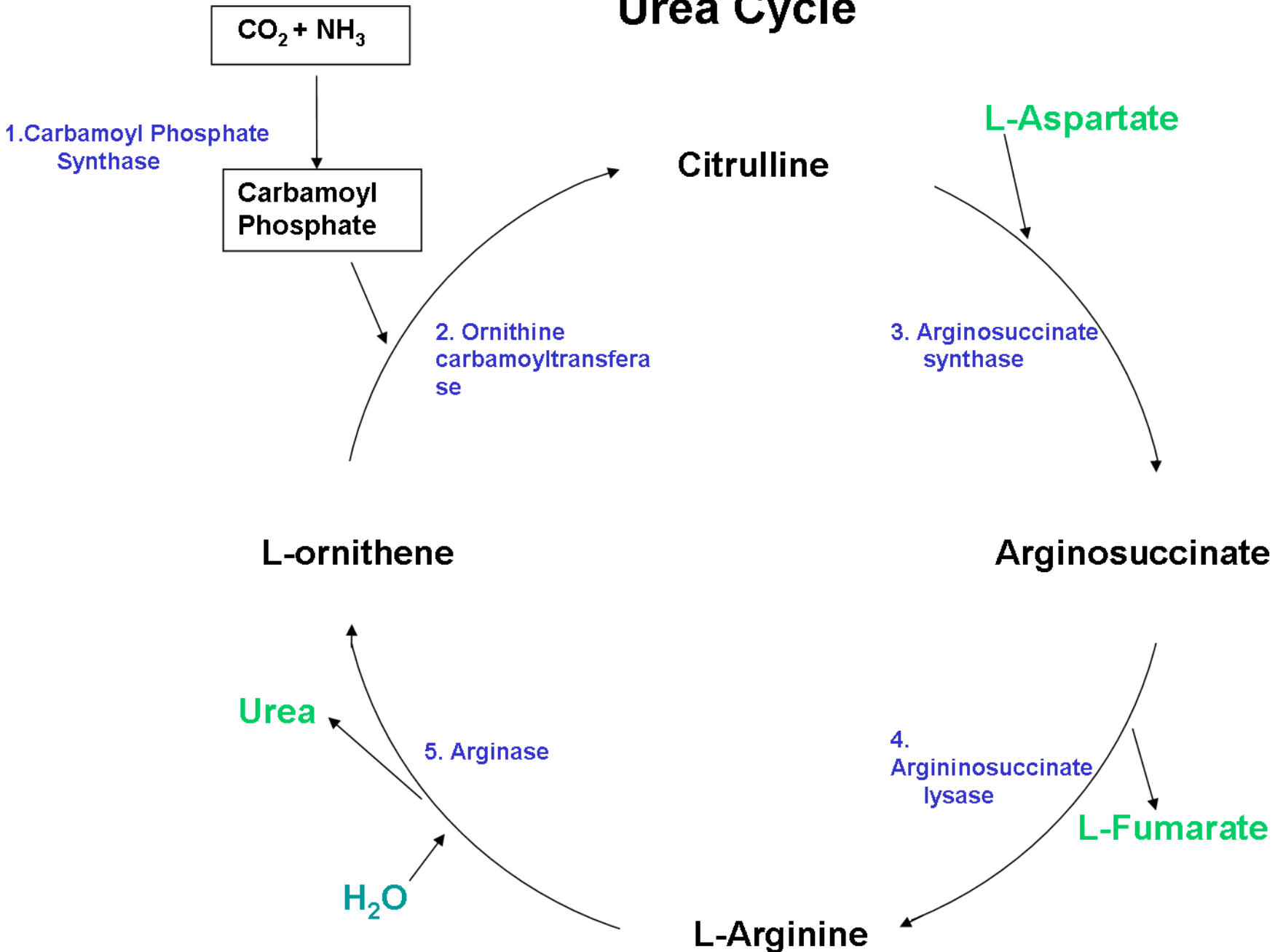


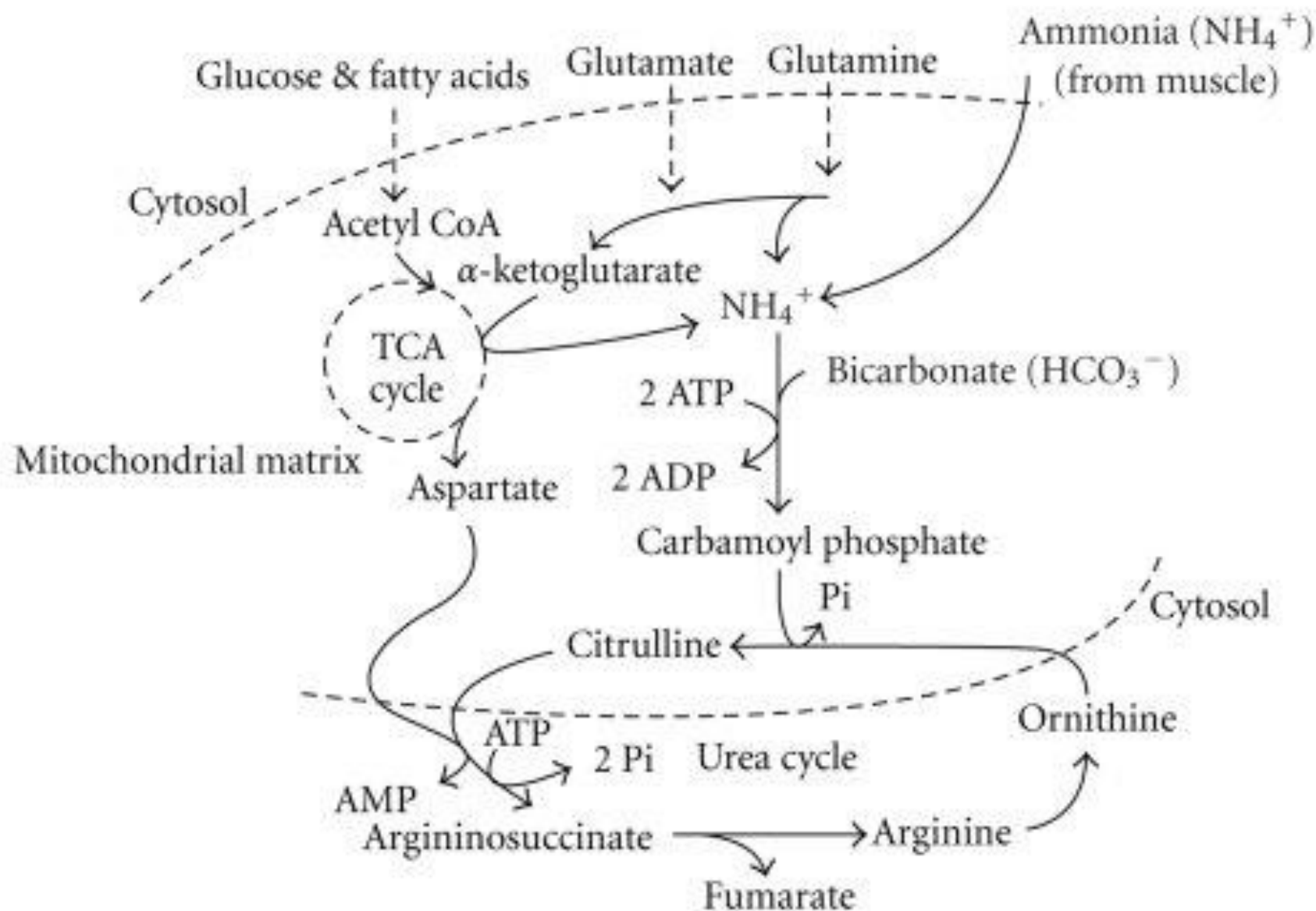
Ammonium Ion



Urea

Urea Cycle





چرخه گلوکز - آلانین

